

BLAIRBEG PARK, DRUMNADROCHIT ON SATURDAY, 24th AUGUST 2019
OPEN EVENTS STARTING AT 1.00pm
PRE-REGISTRATION REQUIRED - ENTRIES CLOSE 16TH AUGUST 2019
 (Competitors registering on the day will start from SCRATCH)



Under S. A. Ltd permit for Athletics

TRACK 250 METRES, 6 LAPS TO 1500 METRES

For more information see Games Website <http://www.glenurquhart-highland-games.co.uk/>

- 30 100 Metres Men's (Handicap)
- 31 100 Metres Ladies (Handicap)
- 32 100 Metres Under 15 Boys (Handicap)
- 33 100 Metres Under 15 Girls (Handicap)
- 34 Long Jump Men
- 35 High Jump Ladies
- 36 1500 Metres Men's
- 37 1500 Metres Ladies
- 38 800 Metres Boys Under 15 (Handicap)
- 39 800 Metres Girls Under 15 (Handicap)
- 40 Tug of War
- 41 400 Metres Men's
- 42 400 Metres Ladies
- 43 High Jump Men's
- 44 Long Jump Ladies
- 45 Hill Race
- 46 200 Metres Men's (Handicap)
- 47 200 Metres Ladies (Handicap)
- 48 200 Metres Under 15 Boys (Handicap)
- 49 200 Metres Under 15 Girls (Handicap)
- 50 Triple Jump Men's
- 51 800 Metres Men's (Handicap)
- 52 800 Metres Ladies (Handicap)
- 53 Mixed Relays
- 54 Mixed Relays Under 15
- 55 AULD SCOTTISH RACE 1 Lap (Must be in a KILT) Handicap applied on the day

HEAVY EVENTS

This will run as two programs if there are sufficient Young Heavies or as a joint program

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|----|-----------------------------------|-----------------|
| 56 | Shot putt Open | Heavies |
| 57 | Shot Putt | Young Heavies |
| 58 | Throwing 28lb Weight for Distance | Heavies |
| 59 | Weight for Distance | Young Heavies |
| 60 | 16lb Scots Hammer | Heavies |
| 61 | Throwing the Hammer | Young Heavies |
| 62 | 56lb Weight over Bar | Heavies |
| 63 | Weight over Bar | Young Heavies |
| 64 | Caber | Young Heavies |
| 65 | Tossing the Caber Open | Heavies |
| 66 | Shot Putt | Ladies' Heavies |
| 67 | Weight for Distance | Ladies Heavies |
| 68 | Throwing the Hammer | Ladies Heavies |
| 69 | Weight over Bar | Ladies Heavies |
| 70 | Caber | Ladies Heavies |

Prize Monies	1st	2nd	3rd
Open Track & Field events	£40	£25	£15
Open Track & Field events (under 15)	£30	£25	£20
Hill Race	£40	£25	£15
Hill Race (Vets / Local)	£20	-	-
Glen Challenge (overall / lady)	£40	£25	£15
Glen Challenge (Vets / Local)	£20	£15	£10
Glen Challenge - cycle	£40	£25	£15
Glen Challenge – cycle (vets)	£20	£15	£10
Tug o War	£300	£200	£100
Open Heavy Events	£40	£25	£15

Open Heavies – overall	£100	£80	£70	£60	£50	£40	£30	£20
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OFFICIAL ENTRY FORM

PLEASE ENTER ME FOR THE FOLLOWING EVENT(S) AT THE 2019 GLENURQUHART HIGHLAND GATHERING & GAMES

I ENCLOSE ENTRY FEE OF £: **6.00** (for any number of events)

EVENT: _____	NO: _____	Seasons Best: _____	Personal Best: _____
EVENT: _____	NO: _____	Seasons Best: _____	Personal Best: _____
EVENT: _____	NO: _____	Seasons Best: _____	Personal Best: _____
EVENT: _____	NO: _____	Seasons Best: _____	Personal Best: _____
EVENT: _____	NO: _____	Seasons Best: _____	Personal Best: _____
EVENT: _____	NO: _____	Seasons Best: _____	Personal Best: _____
EVENT: _____	NO: _____	Seasons Best: _____	Personal Best: _____
EVENT: _____	NO: _____	Seasons Best: _____	Personal Best: _____
EVENT: _____	NO: _____	Seasons Best: _____	Personal Best: _____

Conditions of Entry:

1. All entries must be accompanied by the appropriate fee.
2. On the day entries will not receive a handicap for handicap events and will be required to run from scratch.
3. Under 15 Boys & Girls are not permitted to compete in OPEN events.
4. All Hill Race competitors must be 16 years and over.
5. All entries to Secretary by Friday 16th August 2019 @ Secretary, Dalmeny, East Lewiston, Drumnadrochit, IV63 6UJ.
6. Competitors must declare their intentions to compete prior to competition.
7. Competitors must wear an official race number.
8. If insufficient numbers enter an event the Committee reserve the right to cancel the event.
9. British Heavyweight Championship – qualifying throws for this event will be at the discretion of the Judges.
10. When not in competition – in the interests of safety and health - all competitors must remain in the designated areas.
11. The Judges' decision shall be final.

I agree to submit to the jurisdiction of the S.A.Ltd., on all matters relative to this entry and to abide by their rules and regulations for the competition. And, I know of no reason why I should not be allowed to compete

(BLOCK LETTERS)

Name: _____
Address: _____

Postcode: _____
Email: _____ Telephone: _____

Date of Birth: _____ I am a Vet (40+):

Club: _____ SHGA or SAL No: _____

I am eligible for Local trophies:

Emergency Contact Details:

Name: _____
Telephone: _____ Relationship to you: _____

IMPORTANT: This section must be completed by entrants or parent / guardian if entrant is under 16. I hereby declare that I am medically fit to compete and that I will not hold the organisers responsible for any injury, illness or loss to my person or property caused and understand that I participate at my own risk. I also agree that photographs taken during the event by official event photographers may be used in the event marketing literature. I certify that the above particulars are correct.

Signature: _____ Date: _____

I ENCLOSE ENTRY FEE OF: £ _____

NO ENTRY ACCEPTED UNLESS ACCOMPANIED BY A CHEQUE

MADE PAYABLE TO "GLENURQUHART HIGHLAND GATHERING & GAMES"

ONLY COMPETITORS ENCLOSING STAMPED ADDRESSED ENVELOPE WILL RECEIVE FREE ADMISSION TICKET

All entries to the Games Secretary by Friday 16th August 2019

Glen Urquhart Highland Games Secretary
Dalmeny
East Lewiston
Drumnadrochit
IV63 6UJ